



## Project Cornerstone Book-of-the-Month (October 2021)

This month's ABC book: **“Have You Filled a Bucket Today”** by Carol McCloud is about **expressing daily kindness and appreciation to others.**

Goals of lesson:

- Teach students the **3 laws of bucket filling**:
  - Be a bucket filler.
  - Don't dip.
  - Use your lid.
- **Empower students** to intentionally fill their own buckets and the buckets of others with good feelings (warm fuzzies).

After your child has had the lesson in class, **ask your child to tell you more about:**

- Warm fuzzies-What are they?
- Bucket fillers-How can you fill your own bucket and the buckets of others?
- Bucket dippers-How can you keep a lid on your bucket and how can you help bucket dippers fill their bucket?

***When you “catch” kids modeling positive behaviors...Notice, Name it, and Celebrate it!***

