



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PROJECT
CORNERSTONE
A YMCA of Silicon Valley Initiative



PROJECT CORNERSTONE FOR PARENTS

Take It Personally 6-Week Workshop

*Spanish translation will be provided.
*Paid for by the Campbell Union School District.

DATE: 1/30, 2/6, 2/13, 2/27, 3/6, 3/13
TIME: 9:00AM - 10:30AM, Tuesday
PLACE: Rolling Hills Middle School - Library
SUGGESTED DONATION: workbook/materials \$20

Join us for this 6-week research based series!

- What are the 8 Keys To Success?
- Tools for building stronger family communication.
- Setting and keeping safe boundaries/rules that teach.
- Passing along our values, like lifelong learning...
- Skills for growing, living and connecting with others.
- Taking every moment as an opportunity to build stronger relationships with youth.

FOR DETAILS CONTACT:
Ziem@projectcornerstone.org



Sign up today at

<http://www.signupgenius.com/go/60b0945aba72d6-take>

**Kids want support from caring adults
and parents want tools to support kids**

PARTICIPANT COMMENTS

"I came here to change my children. By the end,
I changed myself."

"Parenting today is difficult. Children are exposed to a
lot of influences in every day life. It's daunting trying
to raise children that grow up to be upstanding and
productive adults."

"Take It Personally" is a great course where parents
can share ideas and information and have valuable
conversations around difficult issues."